# Modeling Nonlinearity in Coherent Transmissions with Dominant Interpulse-Four-Wave-Mixing

## A. Bononi<sup>1</sup>, E. Grellier<sup>2</sup>, P. Serena<sup>1</sup>, N. Rossi<sup>1</sup>, and F. Vacondio<sup>2</sup>

<sup>1</sup>Dip. Ing. informazione, Università di Parma, Italy; <sup>2</sup>Alcatel-Lucent Bell Labs, Villarceaux, France

**Abstract:** We provide a new analytical model to predict the nonlinear interference coefficient and the nonlinear threshold in coherent transmissions with dominant single-channel IFWM.

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#### 1 Introduction

It has recently been shown that, in high bit-rate coherent optical links with no dispersion management (NDM), the nonlinear interference (NLI) is a zero-mean additive circular complex-Gaussian noise, independent of the symbol of interest, already after a few spans [1]. Based on such a powerful observation, a nonlinear Gaussian model for NDM coherent communications was proposed [2–4]. In this paper, we wish to extend those studies to the regime in which single-channel inter-pulse four wave mixing (IFWM) is the dominant nonlinearity. This regime includes both dispersion-managed (DM) and NDM links at sufficiently large baud-rates.

### 2 Nonlinear Gaussian Model

Consider a single-channel long-haul optical link with dual polarization coherent reception. Assume that both the amplified spontaneous emission (ASE) and the NLI are independent additive complex-Gaussian noises. After coherent reception with polarization demultiplexing and ideal linear electrical equalization, followed by matched filtering with ideal carrier estimation, the 2-dimensional (2D) sampled received complex field vector is:  $\underline{r}(t) = \sqrt{PU}(t) + \underline{n}_L(t) + \underline{n}_{NL}(t)$ , where P [W] is the signal average power,  $\underline{U}$  the normalized signal vector,  $\underline{n}_L$  the ASE, and  $\underline{n}_{NL}$  the NLI. The electrical signal-noise ratio (SNR) at the decision gate is

$$S = \frac{P}{N_A + N_{NL}} \tag{1}$$

where  $N_A = Var[\underline{n}_L] = \beta N$  is the ASE power, which linearly increases with the number of spans N, and  $N_{NL} = Var[\underline{n}_{NL}] = a_{NL}P^3$  is the NLI power, obtained from a first-order regular perturbation [2,4]. The main goal of this paper is to provide a general analytical expression of the NLI coefficient  $a_{NL}$ , valid for dominant IFWM. Such an expression will be used to analytically cross-validate recent simulation results on nonlinear threshold (NLT) [5].

#### 3 Nonlinear Threshold

We define the *constrained* NLT at reference  $BER_0$  (i.e., at its corresponding format-dependent SNR  $S_0$ ) as the transmitted power  $P_{NLT}$  yielding the maximum of the "bell-curve" *S* versus *P*, where the maximum value is *constrained* to  $S_0$ . Maximization of (1) with ASE noise adjusted such that the top value is  $S = S_0$  yields [2]

$$P_{NLT} = \frac{1}{(3S_0 a_{NL})^{1/2}} \tag{2}$$

and depends only on  $S_0$  and  $a_{NL}$ . It has been shown that the model (1), at the top S value, yields an SNR penalty with respect to linear propagation of 1.76 dB [2, 3]. We can prove that the 1dB NLT  $P_1$ , i.e., the transmitted power needed to achieve  $S_0$  with 1 dB of SNR penalty, is 1.05 dB smaller than  $P_{NLT}$ .  $P_1$  corresponds to the NLT simulated in [5] that we wish to double-check with our theory.

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#### 4 Nonlinear Interference coefficient

We now describe a procedure to derive closed-form analytical expressions of the NLI coefficient  $a_{NL}$ . The NLI on each polarization tributary (i = x or y) can be obtained from a first-order regular perturbation as [6,7]:

$$n_{NL,i} = j\sqrt{P}\Phi_{NL} \iint_{-\infty}^{\infty} \eta(t_1 t_2) U_i(t+t_1) U_i(t+t_1+t_2) U_i(t+t_2) dt_1 dt_2$$
(3)

where: the nonlinear phase is  $\Phi_{NL} \triangleq P \int_0^L \gamma(s) G(s) ds$ , with  $\gamma$  the fiber nonlinear coefficient and G(s) the power gain at coordinate *s*;  $\eta(t_1t_2)$  is the time-domain kernel (time is normalized to the symbol time 1/R, where *R* is the baud-rate), whose 2D Fourier transform is

$$\tilde{\eta}(w) \triangleq \frac{\int_0^L \gamma(s) G(s) \mathrm{e}^{-jC(s)w} \mathrm{d}s}{\int_0^L \gamma(s) G(s) \mathrm{d}s}$$

where:  $w = \omega_1 \omega_2$ ; *L* is the total link length; and the normalized cumulated dispersion (NCD) is  $C(s) = -R^2 \int_0^s \beta_2(z) dz$ , where  $\beta_2$  is the fiber chromatic dispersion, and zero dispersion slope is assumed. For a linear digital modulation we have  $U_i(t) = \sum_{k=-\infty}^{\infty} s_k p(t-k)$  where  $s_k$  is the complex information symbol (on polarization *i*) transmitted in the *k*-th symbol interval, and p(t) is the supporting pulse. As done in [6,7], when the time-domain kernel is much broader than the symbol time and thus quasi-constant over squares of size 1 in the normalized time plane  $(t_1, t_2)$ , then the NLI term in (3), for a link with spans much longer than  $1/\alpha$  and lumped amplification, simplifies to  $n_{NL,i} = c_{NL}P^{3/2}$ , with

$$c_{NL} = j \frac{\gamma}{\alpha} N \sum_{m,n,l} s_m s_n s_l^* \eta \left( (m-l)(n-l) \right)$$
(4)

where the summation accounts for IFWM terms, i.e., is over all m, n, l such that m + n = l, with  $m \neq l$ ,  $n \neq l$ . The NLI power in (1) comes from both polarizations and is  $N_{NL} \triangleq \eta_p E[|n_{NL}|^2] = \eta_p E[|c_{NL}|^2]P^3$ , where  $\eta_p = 2$  for independent NLI from each polarization. Thus  $a_{NL} = \eta_p E[|c_{NL}|^2]$ , where the expectation is taken over the random symbols. For *any* modulation format with  $E[s_k] = 0$  and  $E[|s_k|^2] = 1$ , we get

$$a_{NL} = \eta_p (\frac{\gamma}{\alpha} N d_f)^2 2 \sum_{p=1}^{\infty} \sum_{q=1}^{\infty} |\eta(pq)|^2$$
(5)

where  $p \triangleq n-l$ ,  $q \triangleq m-l$ , and  $d_f = 2$  is the degeneracy factor. The time kernel magnitude decreases and eventually vanishes after an "effective" time duration  $\tau_M$ . Since each  $|\eta(pq)|^2$  in the double summation in (5) is actually an approximation of the double integral of the kernel over a square of edge 1 centered at the point (p,q), we can approximate the double summation as a double integral over the domain  $\mathcal{D}$  of the  $(t_1, t_2)$  plane delimited by the hyperbola  $t_1t_2 = \tau_M$ , the vertical line passing through  $t_1 = 1/2$ , and the horizontal line passing through  $t_2 = 1/2$ . We can thus upper-bound the coefficient as

$$a_{NL} \le \eta_p (\frac{\gamma}{\alpha} N d_f)^2 2 \ln(4\tau_M) \left[ \int_0^\infty |\eta(\tau)|^2 \mathrm{d}\tau \right]$$
(6)

and what we need is an expression of the kernel duration  $\tau_M$ , and of the above integral of the kernel magnitude. We may choose  $\tau_M \triangleq \mu \tau_{rms}$  for some positive multiplier  $\mu$  of the r.m.s. width  $\tau_{rms}^2 = \int_{-\infty}^{\infty} \tau^2 |\eta(\tau)|^2 d\tau / \int_{-\infty}^{\infty} |\eta(u)|^2 du$ . We chose  $\mu = 1.5$  in all numerical results. Now, an analytical expression of the time kernel is not known even for the simplest links, except for lossless links [7]. However, there is a nice trick. For every optical link, both with and without dispersion management, a physically meaningful function is the *power-weighted dispersion distribution* (PWDD) J(c), representing signal power versus NCD c, which was shown to be the inverse 1D-Fourier transform:  $J(c) = \mathscr{F}^{-1}[\tilde{\eta}(w)]$ [7]. One also has that:  $\eta(\tau) = \mathscr{F}^{-1}\left[\frac{1}{|\omega|}J(\frac{1}{\omega})\right]$ , where  $\tau = t_1t_2$  [6,7]. Because of the Fourier relationship between J(c)and  $\eta(\tau)$ , we can prove that  $2\int_0^{\infty} |\eta(\tau)|^2 d\tau = \int_{-\infty}^{\infty} J^2(c) dc$ , and that  $\tau_{rms}^2 = \int_{-\infty}^{\infty} [J(c) + cJ'(c)]^2 dc / \int_{-\infty}^{\infty} J^2(c) dc$ , where  $J'(c) = \frac{d}{dc}J(c)$ . Hence,  $a_{NL}$  in (6) can be expressed solely in terms of integrals of J(c). Note also that it applies to *any* zero-mean modulation format. We managed to get closed-form expressions of the  $a_{NL}$  upper-bound (6) for several links of interest. For instance, for NDM links we got for  $N \gtrsim 5$ :

$$a_{NL} \leq \eta_P(\frac{\gamma}{lpha})^2 \frac{N}{\pi \mathscr{S}} \ln(\frac{4\mu}{\sqrt{5}} (lpha \ell N)^2 \mathscr{S})$$

where  $\ell$  is span length, and  $\mathscr{S} \triangleq \frac{|\beta_2|}{\alpha} R^2$  is fiber strength. Note the similarity of this expression with that of a Nyquist-WDM NDM system derived in [3] using a frequency-domain approach. The major difference is the *N* log *N* scaling law in the IFWM-dominated regime, as opposed to the simpler *N* scaling when presumably cross-nonlinearities dominate.



Figure 1. (Left)  $a_{NL}$  [dB] versus spans N from eq. (6) (solid) and simulations (symbols). PDM-QPSK on Nx100 km SMF links, R=28 Gbaud. (Right) 1dB NLT vs. symbol rate R for: i) theory  $P_1 = P_{NLT} - 1.05$  dBm (solid, eq. (2)); ii) simulations from [5]. DM30 = DM with 30 ps/nm RDPS.

## 5 Results

Fig. 1(left) shows a plot of the  $a_{NL}$  formula (6) versus number of spans N (solid), and numerically simulated values (symbols), for a 28 Gbaud polarization-division multiplexed quadrature phase shift keying (PDM-QPSK) coherent format over single mode fiber (SMF,  $\beta_2 = -21 ps^2/nm$ ) for an Nx100 km link, both NDM and DM with 30 ps/nm/km (DM30) of residual dispersion per span (RDPS) and no pre-compensation. A fitting factor  $\eta_p = 3/50$  was used for DM, and  $\eta_p = 1.7/50$  for NDM. We appreciate the match of theory and simulation, as well as the announced N logN scaling law in the NDM case. The perceived NDM slope over a 50 span range is ~ 1.25 dB/dB as in [1], although restricting the range to the first 15 spans gives ~ 1.35 dB/dB, as we experimentally verified in a companion study. NLI grows faster in the DM case:  $a_{NL}$  has an initial slope of ~ 2 dB/dB and then bends at larger N.

Fig. 1(right) shows the 1dB NLT at  $BER_0 = 10^{-3}$  versus baud-rate for a PDM-QPSK format for both NDM, and a DM30 link with optimized pre-compensation, both at 20x100 km and at 120x50 km distance. Symbols refer to singlechannel simulation results taken from [5], solid lines to the formula  $P_1 = P_{NLT} - 1.05$  dBm using (2) and the same  $\eta_p$  fitting factors as in Fig. 1(left). While for DM links theory only captures the general trend versus *R* with major discrepancies at lower *R* where IFWM is not dominant, the match in NDM links (optimized at 28 Gbaud through the fitting factors  $\eta_p$ ) is more reasonable and improves as the number of spans *N* increases.

## 6 Conclusions

We have provided a new model of NLI in IFWM dominated links, which reasonably models NDM links, as well as high baud-rate DM links. Such a model provides a quick qualitative tool to compare transmission link parameters in terms of their impact on received SNR.

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